

COVID-19 and Convalescent Plasma



Patients who have recovered from COVID-19 can help others by donating convalescent plasma. The plasma's antibodies are proteins that might fight the infection. Because there are no approved treatments, FDA is permitting the emergency investigational use of convalescent plasma to treat COVID-19 under the criteria of the emergency IND.

Qualifications:

- ✓ **Must have had a positive COVID-19 diagnosis** documented by a laboratory test.
- ✓ **Must have fully recovered from COVID-19**, with no symptoms for at least **14 days** before the donation.
- ✓ **Must meet all existing donor eligibility requirements.**

Convalescent plasma is being investigated for the treatment of COVID-19 and there is some information that suggests it might help some patients recover from COVID-19. Further investigation is still necessary to determine if convalescent plasma might shorten the duration of illness, reduce morbidity, or prevent death associated with COVID-19.

Plasma transfusions are generally safe and well-tolerated by most patients but can cause allergic reactions and other side effects. It is also not known if patients with COVID-19 might have other types of reactions to convalescent plasma. While it is not known if convalescent plasma is safe and effective against COVID-19, there is anecdotal evidence that convalescent plasma might be for some patients.

For more information, visit [giveblood.org](https://www.giveblood.org) or call **(713) 791-6608**.