### Parent/Guardian:

Name:	
Home:	
Cell:	
Work:	
Emergency Contact Name & Phone	
I certify that	
has my permission to participate in the Stafford	
Summer Sports Volleyball Program. I further certify	
that the above student/player has medical insurance	
in case of an emergency. I authorize the camp state	
to act for me according to their best judgment in an emergency requiring medical attention. I release	
and hold harmless all camp staff from and agains	
any liability or injury sustained, damage to or loss of	
personal property arising directly or indirectly while	
enrolled in this camp at Stafford High School.	
Parent/Guardian Signature	





2022 Middle School Camp July 18th-21st 9:00am-11:00am





The Spartan Athletic Camp is a summer volleyball skill workout. Athletes will be provided technique instruction on passing, digging, overhand setting, overhand serving, blocking, hitting, court awareness, and speed development. Agility drills are used to improve the athletes quickness, balance and vertical jump. The program aims to improve overall conditioning of the student athlete and improve their athletic performance.

Shirt is included.

## If you have any questions, please contact:

Ken Savanah

Athletic Director Head Football Coach 281-261-9360 ksavanah@staffordmsd.org

Sergio Hinojosa

Associate Director shinojosa2@staffordmsd.org

Christian Arrambide

Girls Athletic Coordinator/Head Softball Coach carrambide@staffordmsd.org

Ivana Ellas

Head Volleyball Coach iellas@staffordmsd.org

Location:

Spartan Gyms

**Dates:** Monday- Thursday

July 18th -July 21st

Time: 9:00 am-11:00 am

Cost: \$30.00

Payment must be made prior to participation

# **Eligible Participants:**

Any incoming 6th– 8th grader Stafford MSD student. Please return completed registration forms and payment to the Stafford MSD Athletic Office located in the Field House.

## What To Bring:

Flat soled non-marking shoes, gym shorts, t-shirt and water

#### Student Athlete:

Name:
Address:
2022-2023 Grade Level:
Cell Phone:
Sports:
Shirt size:

Incoming 7th and 8th graders must have a current athletic physical on file.