PERMISSION FOR COUNSELING

We would like to invite your child to participate with us in individual counseling sessions daily.

The topics of these sessions will include effective communication skills, defense mechanisms, interpersonal relationships, decision-making skills, and other topics relating to appropriate behavioral skills and drug education.

The counseling sessions will be one hour in duration, at least three times a week. Participation is on a voluntary basis. These confidential sessions will be facilitated by a licensed counselor from Fort Bend Regional Council on Drug and Alcohol Abuse.

Ι,		give	permission
	Parent or Legal Guardian's Signature	Date	
for	, to participate in counseling sessions.		
	Name of Student	<u>-</u> , p	

For further information, please contact the Fort Bend Regional Council at 281-207-2400.